



CANNOCK CHASE HIGH SCHOOL

A C H I E V E M E N T F O R A L L

Dear Parents and Carers,

As a part of your child's educational experience at Cannock Chase High School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future. The programme also includes Social, Moral, Spiritual and Cultural (SMSC) development and Relationships and Sex Education (RSE).

The content will be delivered according to government policy and informed by accredited national associations for PSHE. Students will receive two thirty-minute lessons per week during their afternoon tutor slots and the plan for the year for your child(ren) is detailed below:

Autumn Term 1 – Careers
Careers info
Mock Interviews
Interview Structure
Interview Practice
Post 16 options
Apprenticeships

Autumn Term 2 – Physical and Sexual Health
Infection, Anti-biotics
Organ donation
Cancer and Self Checking
Fertility
Pregnancy
Childbirth
STI's and HIV

Spring Term 1 – RSE
Revisiting Contraception
Sexual Harassment and assault
Sexually Transmitted Infections
Sexualisation of the media
Sexting and nudes

Spring Term 2 – Mental Health and Exams
Managing Mental Health
Thinking Positively
Food
Energy Drinks
Sleep

The new government statutory requirements have made the teaching of Relationship and Sex Education compulsory in primary and secondary schools across the country. Sex education within

the national curriculum of Science (including teaching about reproduction in humans) is also compulsory. However, parents and carers have the right to withdraw their child from aspects of sex education within PSHE up until 3 terms prior to their child's 16th birthday. If you should wish to exercise this right, please do get in touch via email (J.Rowlinson@cannockchase-high.staffs.sch.uk) as soon as possible so we are able to discuss the options available.

RSE is part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for students to ask questions in order to prepare them for relationships in the modern world.

As a school community, we are committed to working in partnership with parents. Our PSHE and RSE policies are available on the school [website](#) and constructive feedback is encouraged. If you would like to find out more or discuss any concerns, please do get in touch via the email below.

Yours sincerely,

Mrs J Rowlinson

Lead Teacher of PSHE and Character
Education

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