



CANNOCK CHASE HIGH SCHOOL

A C H I E V E M E N T F O R A L L

Dear Parents and Carers,

As a part of your child's educational experience at Cannock Chase High School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future. The programme also includes Social, Moral, Spiritual and Cultural (SMSC) development and Relationships and Sex Education (RSE).

The content will be delivered according to government policy and informed by accredited national associations for PSHE. Students will receive two thirty-minute lessons per week during their afternoon tutor slots and the plan for the year for your child(ren) is detailed below:

Autumn Term 1 – Being safe online
Cyber bullying
Grooming
Healthy Relationships Online
Sexting
Stalking
Pornography

Autumn Term 2 – Sexual and Intimate Relationships
Disrespect Nobody
Sexual Health
The Baby Borrowers
Conflict in Relationships
Life as a Teenage Parent
Pregnancy Options
Emergency Contraception

Spring Term 1 – Substance Abuse and Crime
Smoking/Vaping
Alcohol
Drugs
Steps to Addiction
Alcohol, drugs and sex
Extremism and Cults
Offensive Weapons

Spring Term 2 – Mental Health and Behaviour
Self Awareness
Your Ideal Self
Building Connections
Actions and Consequences
Healthy Coping Strategies

Summer Term 1- Finance
Spending vs Saving
Earnings
Budgeting
Borrowing

Gambling
Fraud
Money and mental health

The new government statutory requirements have made the teaching of Relationship and Sex Education compulsory in primary and secondary schools across the country. Sex education within the national curriculum of Science (including teaching about reproduction in humans) is also compulsory. However, parents and carers have the right to withdraw their child from aspects of sex education within PSHE up until 3 terms prior to their child's 16th birthday. If you should wish to exercise this right, please do get in touch via email (J.Rowlinson@cannockchasehigh.com) as soon as possible so we are able to discuss the options available.

RSE is part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for students to ask questions in order to prepare them for relationships in the modern world.

As a school community, we are committed to working in partnership with parents. Our PSHE and RSE policies are available on the school [website](#) and constructive feedback is encouraged. If you would like to find out more or discuss any concerns, please do get in touch via the email below.

Yours sincerely,

Mrs J Rowlinson

Lead Teacher of PSHE and Character
Education

Email: J.Rowlinson@cannockchasehigh.com