

MEAT FREE

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- MEAT FREE MONDAY

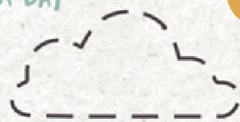
5 A DAY

5 A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



BE A HIGH-FLYER.
A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING



WEEK 3	MONDAY <small>MEAT FREE</small>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH £1.85	Toad in the Hole, served with Mash Potatoes	Chicken Pie topped with Puff Pastry served with Mash & Gravy	Roast Chicken Breast, Crispy Roasters, Yorkshire Pudding Finished with Gravy	Classic Beef Lasagne & Garlic Bread	Crispy Battered Fish or Crispy Chicken with Chips
VEGETARIAN MAIN DISH £1.85	Vegetarian Cottage Pie	Quorn Balls in a Classic Bolognese Sauce	Quorn Bangers & Mash Yorkshire Pudding Finished with Gravy	Vegetable Tikka Masala with 50/50 rice & Mini Naan	Quorn Dippers & Chips
ACCOMPANIMENTS	Steamed Sweetcorn Baked Beans	Green Beans House Salad	Seasonal Vegetables House Salad	Batton Carrots House Salad	Garden Peas House Salad
JACKETS 1 FILLING £1.85 2 FILLING £2.15	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings
DESSERTS FROM 95P	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots



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