

# Physical Education



CANNOCK CHASE HIGH SCHOOL  
A C H I E V E M E N T F O R A L L

Course: Pearson Edexcel Advanced Subsidiary GCE in Physical Education (8PE0) & Edexcel Advanced GCE in Physical Education (9PE0)

Entry Requirements: GCSE PE at grade 5 or above and grade 9-4 in 5 GCSEs inc. English and one science.

## Aims of the Course:

This course seeks to develop the student's knowledge, understanding, skills and application for physical education and sport. The course, written by practising teachers and assessors, is a refreshing and innovative approach to the study of PE and sport at an advanced level.

## Course Content:

### **Year 12**

Component 1: Scientific Principles of Physical Education

- Topic 1: Applied Anatomy and physiology
- Topic 2: Exercise Physiology and Applied Movement Analysis

Component 2: Psychological and Social Principles of Physical Education

- Topic 3: Skill Acquisition
- Topic 4: Sport Psychology
- Topic 5: Sport and Society

Component 3: Practical Performance

- Skills performed in one activity as a player/performer **or** skills performed in one physical activity as a coach.

Component 4 – Performance Analysis

- In the role of player/performer or coach, analyse two components of a physical activity.

### **Year 13**

Component 1 – Scientific Principles of Physical Education

- Topic 1: Applied Anatomy and Physiology
- Topic 2: Exercise Physiology and Applied Movement Analysis

Component 2 – Psychological and Social Principles of Physical Education

- Topic 3: Skill Acquisition
- Topic 4: Sport Psychology
- Topic 5: Sport and Society

Component 3 – Practical Performance

- Skills performed in one activity as a player/performer **or** skills performed in one physical activity as a coach.

Component 4 – Performance Analysis

- In the role of player/performer or coach analyse two components of a physical activity.
- In the role of player/performer or coach, analyse, implement and evaluate a Performance Development Programme.

Career Opportunities: The course is recognised by all universities and colleges and would be of interest to people wishing to pursue Sport Science, Physiotherapy, Physical Education teaching, Human Biology, Medical Science and the Leisure Industry.

Contact at School: Mrs Pearson

Please note, the stated information is provisional and subject to change.

Reviewed: October 2023