

MEAT FREE

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- MEAT FREE MONDAY

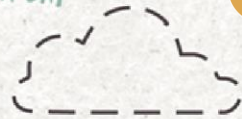
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A DAY

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A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|--|--|--|--|--|
| Main Dish | Chicken korma with rice and naan bread | Bbq hunters chicken with baked wedges | Roast pork, crispy roasters, mash Yorkshire pudding with gravy | Bolognaise pasta bake with cheese and garlic bread | Crispy battered fish with chunky chips |
| Vegetarian Main Dish | Cheese & potato pie | Quorn lasagne with garlic bread | Quorn sausage with mash Yorkshire pudding with gravy | Vegetarian Quorn balls with pasta | Quorn dippers with chips |
| Accompaniments | Sweetcorn Baked beans | Green beans Salad | Seasonal vegetables | Carrots Salad | Garden peas Mushy peas |
| Street Food | Bamboo curry and rice Bamboo pasta | Love joes wraps Bamboo pasta | Hot roast baguettes Bamboo pasta | Love joes wraps Bamboo curry & rice | Chicken burger with salad dressing Bamboo selection |
| Grab and go | Jacket potatoes Panini selection Pizza | Jacket potatoes Panini selection | Jacket potatoes Panini selection | Jacket potatoes Panini selection pizza slice selection | Jacket potatoes Panini selection |
| Budget meal deal | Meal deal with small cake / fruit | Meal deal with small cake / fruit | Meal deal with small cake / fruit | Meal deal with small cake / fruit | Meal deal with small cake / fruit |
| Dessert | Selection of home bakes and dessert pots | Selection of home bakes and dessert pots | Selection of home bakes and dessert pots | Selection of home bakes and dessert pots | Selection of home bakes and dessert pots |



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