









- MEAT FREE MONDAY





- 1 OF YOUR 5 A DAY













WEEK 3	MONDAY MEAT	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH £1.75	Toad in the Hole, served with Mash Potatoes	Chicken Pie topped with Puff Pastry served with Mash & Gravy	Roast Chicken Breast, Crispy Roasters, Yorkshire Pudding Finished with Gravy	Classic Beef Lasagne & Garlic Bread	Crispy Battered Fish or Crispy Chicken with Chips
VEGETARIAN MAIN DISH £1.75	Vegetarian Cottage Pie	Quorn Balls in a Classic Bolognaise Sauce	Quorn Bangers & Mash Yorkshire Pudding Finished with Gravy	Vegetable Tikka Masala with 50/50 rice & Mini Naan	Quorn Dippers & Chips
ACCOMPANIMENTS	Steamed Sweetcorn Baked Beans	Green Beans House Salad	Seasonal Vegetables House Salad	Batton Carrots House Salad	Garden Peas House Salad
JACKETS 1 FILLING £1.75 2 FILLING £2.05	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings
DESSERTS FROM 90P	Selection of home- made bakes and dessert pots	Selection of home- made bakes and dessert pots	Selection of home- made bakes and dessert pots	Selection of home- made bakes and dessert pots	Selection of home- made bakes and dessert pots



