

MEAT FREE

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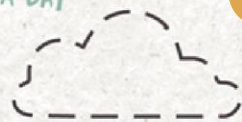
- MEAT FREE MONDAY

5
A DAY5
A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



WEEK 1	MONDAY <small>MEAT FREE</small>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH £1.75	Chicken Stir Fry with Egg Noodles	Cheese Quarter Pounder & Wedges	Roast Chicken, Crispy Roasters, Yorkshire Pudding finished with Gravy	Spaghetti Bolognese & Garlic Bread	Crispy Battered Fish & Chips
VEGETARIAN MAIN DISH £1.75	Vegetarian Quorn Balls with Pasta	Quorn Sweet & Sour with 50/50 Rice	Toad in the Hole with Roasters, Pudding Finished with Gravy	Homemade Cheese & Potato Pie	Quorn Dippers & Chips
ACCOMPANIMENTS	Steamed Sweetcorn House Salad	Green Beans House Salad	Seasonal Vegetables House Salad	Baked Beans House Salad	Garden Peas House Salad
JACKETS 1 FILLING £1.75 2 FILLING £2.05	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings	Jacket Potatoes served with a Selection of Fillings
DESSERTS FROM 90P	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots



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